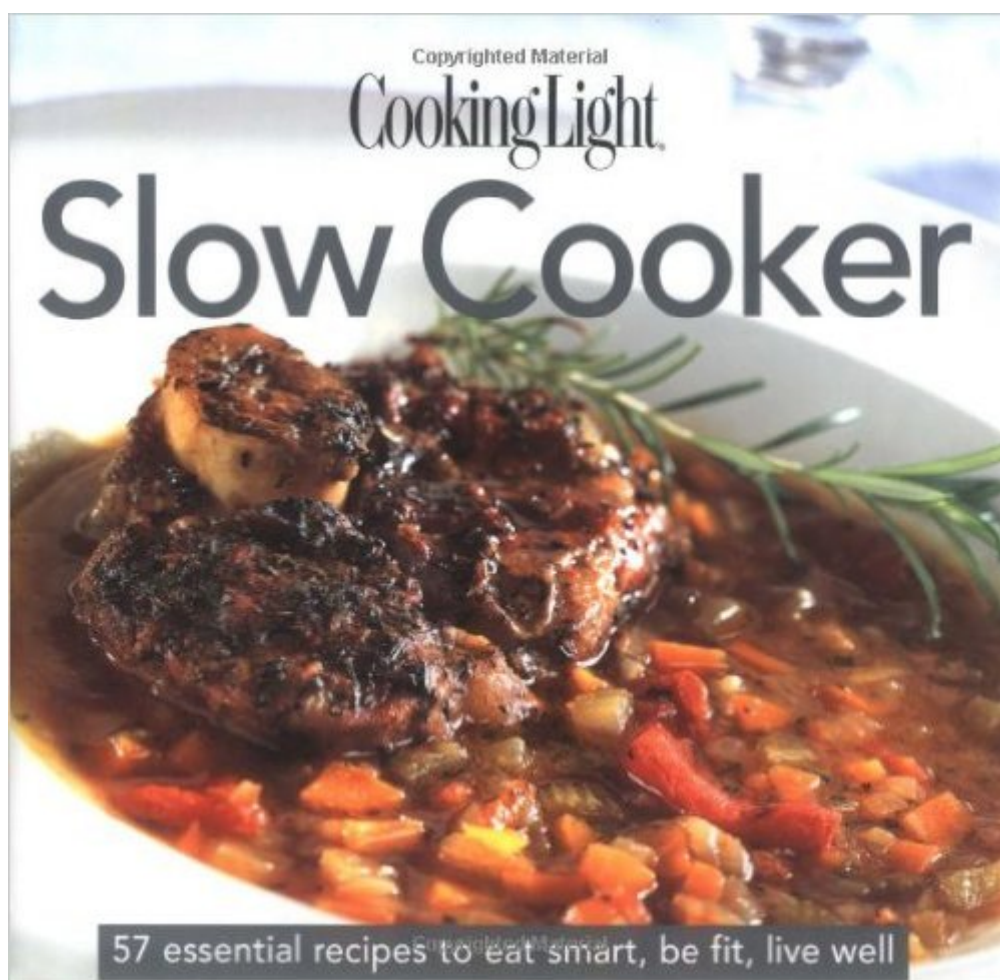


The book was found

Cooking Light: Slow Cooker



Synopsis

Beautiful to display and practical to use, Slow Cooker is truly a godsend for time-challenged cooks who want to prepare healthy, tasty, and satisfying meals but don't have hours to spend hovering over their stoves. Replete with all the high standards that have made Cooking Light a trusted favorite, this new edition provides over 58 beautifully photographed recipes with useful, easy-to-follow instruction.

Book Information

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Average Customer Review: 4.0 out of 5 stars [See all reviews](#) (86 customer reviews)

Best Sellers Rank: #544,547 in Books (See Top 100 in Books) #92 in [Books > Cookbooks, Food & Wine > Cooking by Ingredient > Poultry](#) #112 in [Books > Cookbooks, Food & Wine > Main Courses & Side Dishes > Salads](#) #120 in [Books > Cookbooks, Food & Wine > Cooking by Ingredient > Pasta & Noodles](#)

Customer Reviews

I recently bought a new crockpot with the thought of fixing meals that would be ready when I returned home from work. I was delighted to find this cookbook, which I hoped would combine convenience with lighter, healthier meals than you typically find with traditional crock-pot recipes. So far, I've tried a few recipes which have been delicious. However, my hopes of stuffing the crockpot as I headed out the door were a bit naïf, as the ones I've tried have all required at least 30-60 minutes of preparation time. As a result, I've adjusted my methods and have begun preparing the meals on the weekend for reheating and serving during the first part of the week. Another alternative might be to measure and chop everything the night before for assembling the next morning. It's not that these recipes are complicated or difficult - it's simply that when I last used the crock-pot, my repertoire of recipes was quite limited and confined to only those that featured few ingredients and were extremely simple. An example is the one with boneless pork chops that you toss in the crockpot and throw a can of cream of mushroom over. Not exactly gourmet fare, but it doesn't get

much easier and was quite tasty, believe it or not. Most of the recipes are for 6 servings and since there is just the two of us, I freeze the rest in two serving containers to enjoy at another time. For the most part, the ingredients are those that are easily found in the grocery store or even in your pantry - nothing exotic or expensive. The crock-pot size indicated in all the recipes I've encountered so far is either a 3 or 4 quart.

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